

# FALL Study Breaks & Holidays

Are you ready for a break? Meet staff and students at La Casa Resource Center. These activities will help get you re-energized and refocused to charge back into your studying for the remainder of the night.

## ACTIVITIES | DATES | TIMES

### (Study Break) Late Night Smoothies

**Thursday, September 29, 2016 (8:30 PM)**

Literally, fast food. Join us and build your own late night smoothie. Choose from a variety of fruits, leafy greens, and other toppings.

### (Study Break) Loteria

**Thursday, October 6, 2016 (8:30 PM)**

Mexican "Loteria" is a traditional card game similar to "Bingo." However, it is also a form of folk art, as each of the colorful cards has an image of popular Mexican figures, such as "El Catrin" (The Gentleman), "La Calavera" (The Skeleton), "La Chalupa" (The Flower Boat), etc. Join us for a game of Mexican Bingo & sweat bread.

### (Study Break) Charades

**Thursday, October 13, 2016 (8:30 PM)**

Charades is an age-old role playing game. In it, participants select prompts and attempt to act them out without words, while other participants attempt to guess the original prompt. We will play in teams. Join us for some fun and snacks.

### (Holiday) Build a Day of the Dead Altar \*

**Thursday, October 20, 2016 (7:00 PM)**

Join in the festivities of Pilsen! Building an *ofrenda* is an important part of celebrating one of Mexico's most famous holidays, *Dia de los Muertos*. Traditionally, families build altars in their homes during the weeks leading up to November 1<sup>st</sup> as a way to celebrate and remember loved ones who have passed. Tamales, sweat bread and Abuelita chocolate will be served.

### (Study Break) Make Your Own Caramel Apple

**Thursday, October 27, 2015 (8:30 PM)**

Sweet apples and caramel with your choice of toppings. What is not to like? Caramel dipped apples are a fall favorite. The caramel is brewing.

### (Holiday) Cauldron of Treats \*

**Monday, October 31, 2015 (All Day)**

Trick-or-treat! Take a short break with suitemates on your floor and dip your hands in the La Casa Cauldron of Treats. Visit the 1<sup>st</sup> floor lobby!

### (Study Break) A Twist on Fruit and Veggies

**Thursday, November 3, 2016 (8:30PM)**

Enjoy a popular Mexican street snack: fruit with chile powder "Tajin" and lime. Choose from a variety of fresh fruits and veggies to build your fruit cup. Join us!

### (Holiday) Thanksgiving Potluck at La Casa \*

**Thursday, November 10, 2016 (5 PM - 7 PM)**

It will be such a sensation, an afternoon of friends and conversation, a real snazzy celebration! It will be great to see you there. So, please join us. Oh, and bring a dish to share (optional)...

### (Study Break) Finger Painting

**Thursday, November 17, 2016 (8:30 PM)**

Finger painting for the soul! Finger paint is beneficial for tactile awareness and development, eye-hand coordination, gross and fine motor development, and motor planning. Join us for a fun painting session!

### (Holiday) Christmas Tree Lighting at La Casa & Ornament Decorating

**Thursday, December 1, 2016 (5 PM - 7 PM)**

'Tis the season so let's get in the holiday spirit! This is a La Casa holiday tradition. Join us at the Resource Center as we decorate ornaments and place them on the Christmas tree.

### (Study Break) Chocolate Fondue

**Thursday, December 8, 2016 (8:30 PM)**

Stop by the Resource Center for a healthy snack. We'll have chocolate, fruit, pretzels to drizzle chocolate on.

### (Study Break) YouTube Karaoke Night

**Thursday, December 15, 2016 (8:30 PM)**

Pick up a mic and get ready to sing your heart out. Join us and practice your signing as we use YouTube the best Karaoke songs.

#### WHEN

Each Thursday at 8:30 p.m. unless noted with an asterisk (\*)

#### WHERE

**La Casa Resource Center**  
1815 S. Paulina Street  
Chicago, IL 60608

#### MORE INFORMATION

**La Casa Community Assistants**

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